

Worksheet #3: Clothing & Equipment Needs for a New Baby

This checklist is to help inform you of the many possible needs for a baby's first year of life. Fill in your estimates for each cost, then compare them with the actual costs on the next page provided by local department stores.

Clothing	Cost Estimate
Diapers (a newborn needs to be changed 10-12 times a day for the first month or so)	
Baby wipes	
6 cotton shirts	
4 gowns	
3-5 receiving blankets	
Booties or socks	
Shoes	
Knit cap	
6 onesies	

Feeding Equipment	Cost
Breast Feeding:	
Breast pump	
Disposable Nursing pads	
(2-4) 4 oz. bottles for: water/juice	
Bottle Feeding:	
(4) 8 oz. bottles	
(4) 4 oz. bottles	
(4) extra nipples and caps	

Bedding	Cost
3 fitted crib sheets	
Diaper Stacker	
Lamp	
Waterproof Pads	

Bath Things	Cost
(4) Hooded Towels	
Portable bath tub	
Bath toys	
Brush and comb	
(6) washcloths	

Toiletries	Cost
Powder	
Shampoo	
Lotion	
Soap	
Nail scissors	

For Outings	Cost
Stroller	
Infant car seat	
Toddler car seat	
Diaper bag	
Front Carrier	
Baby swing	
Baby walker	

Safety Items	Cost
Baby monitor	
Gate	
Bed rails	
Outlet plugs	
Aspirator	
Humidifier	
Medical and health tip books	
Cabinet locks	
Window locks	
Toilet lock	

Toys	Cost
Learning toys	
Soft books	
Growing toys	
Musical toys	
Soft crib toys	
Activity toys	
Soft blocks	



Additional Items	Cost
Bottle and nipple brush	
Feeding dishes and utensils	
Pacifiers and Holder	

Teethers	
Bibs	
High chair or feeding table	
Nightlight	

What's the total cost that you've come up with? How does it compare with the actual costs listed on the next page?

Clothing	Cost
Diapers (a newborn needs to be changed 10-12 times a day for the first month or so)	\$25-35 a pack
Baby wipes	700 ct. pack for \$11
6 cotton shirts	Basic 6-pack \$14
4 gowns	\$16
3-5 receiving blankets	\$8-10
Booties or socks	Booties: \$20 Socks: \$5-8
Shoes	\$10-20
Knit cap	\$12
6 onesies	\$15

Feeding Equipment	Cost
Breast Feeding:	
Breast pump	Single: \$50; double: \$65
Disposable Nursing pads	240 ct. pack for \$27
(2-4) 4 oz. bottles for: water/juice	3 pack \$10
Bottle Feeding:	
(4) 8 oz. bottles	3 pack for \$15
(4) 4 oz. bottles	3 pack for \$10
(4) extra nipples and caps	\$10
Total Breast feeding costs (OR)	\$92
Total bottle feeding costs	\$35

Bedding	Cost
3 fitted crib sheets	2 pack for \$13
Diaper Stacker	\$12-15
Lamp	\$25
Waterproof Pads	4 pack for \$12

Bath Things	Cost
(4) Hooded Towels	\$12 each = \$48
Portable bath tub	\$22
Bath toys	\$10-20
Brush and comb	\$5
(6) washcloths	Included in hooded towel set.

Toiletries	Cost
Powder	\$2
Shampoo	\$8
Lotion	\$8
Soap	\$7
Nail scissors	\$3

For Outings	Cost
Stroller	\$60-200
Infant car seat	\$70
Toddler car seat	\$40
Diaper bag	\$25
Front Carrier	\$40
Baby swing	\$50-100
Baby walker	\$50

Safety Items	Cost
Baby monitor	\$50
Gate	\$30
Bed rails	\$20-50
Outlet plugs	\$20
Aspirator	\$15
Humidifier	\$20
Medical and health tip books	\$10/a book; \$50 for 5 books
Cabinet locks	\$3
Window locks	\$11
Toilet lock	\$10

Toys	Cost
Learning toys	
Soft books	\$12/a book
Growing toys	
Musical toys	\$10-20 per toy
Soft crib toys	\$13 per toy
Activity toys	\$20 per toy
Soft blocks	\$5 per toy

Additional Items	Cost
Bottle and nipple brush	\$2
Feeding dishes and utensils	\$16
Pacifiers and Holder	\$12
Teethers	\$12
Bibs	\$15 (10 pc. Set)
High chair or feeding table	\$45
Nightlight	\$10

Total Cost of Every Section:

**Every item is counted one time; this does not include the price of items that have to be replaced regularly such as diapers, shampoo/conditioner, additional toys, etc.

Section	Total cost
Clothing	\$148
Feeding Equipment	Breast feeding: \$92 Bottle feeding: \$35
Bedding	\$63
Bath Things	\$102
Toiletries	\$28
For Outings	\$365
Safety Items	\$249
Toys	\$65
Additional Items	\$92
Total	Costs with breast feeding: \$1112 Costs with bottle feeding: \$1055